

Menu 1

*Each menu includes Organic Greens Salad,
Assorted Desserts, Iced Tea & Lemonade*

Jamaican “Jerk” Salmon

Grilled Caribbean Chicken

Grilled Seasonal Vegetables

Golden Rice

Red Beans

East West Salad

*Greens, Toasted Almonds, Sesame Seeds, Cilantro, WScallion,
Cucumber, Tart Green Apple, Wonton Strips,
Sesame Ginger Dressing*



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Menu 2

*Each menu includes Organic Greens Salad,
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Grilled Chicken Rubbed w/ Ancho Chili

**Kansas City Beef Brisket
(Rolls for Sandwich Option)**

Option: Catfish Mojo

Fire Roasted Sweet Potatoes

Grilled Corn w/Chipotle Butter

Apple & Cabbage Slaw with Fresh Herbs



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Menu 3

*Each menu includes Organic Greens Salad,
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Fresh Herb & Roasted Garlic Rotisserie Chicken

Grilled Australian Sea Bass with Lemon & Capers

**Option: Charbroiled Skirt Steak with
Chimichurri Marinade**

Chickpeas with Roasted Red Pepper Pesto

Seasonal Fresh Vegetable

Chopped Vegetable Salad

*Shredded Romaine, Chopped Zucchini, Yellow Squash, Ruby
Beets, Cucumber, Heirloom Tomato, Scallion, Fresh Parsley,
Fresh Dill*



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Menu 4

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**Braised Chicken with Tomato & Kalamata
Olive Salsa**

Salmon with Garlic Rosemary & Capers

Option: Beef Short Ribs

Spanikopita (Sauteed Spinach & Feta Pie)

Mashed Potato Bar

Bacon, Chives, Sour Cream, Shredded Cheese, Creamery Butter

Greek Salad



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Menu 5

*Each menu includes Organic Greens Salad,
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Honey Chipotle Chicken

Tri-Tip Roast with Salsa Verde

Option: Santa Fe Whitefish

*Baked Whitefish, topped with fresh Mango Salsa
(May substitute according to In Good Taste LA's sustainable
seafood practices as availability requires)*

Roasted Corn-on-the-Cob

Black Beans

Tex Mex Rice

Southwest Salad



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Menu 6

*Each menu includes Organic Greens Salad,
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Southern Fried Chicken

**Carolina Pulled Pork
(Soft Roll for Sandwich Option)**

Option: Blackened Catfish

Braised Greens OR Sauteed Green Beans

Vegetarian Jollof Brown Rice
String Beans, Blackeye Peas, Tomato, Thyme

Spinach Salad
*Candied Pecans, Dried Cranberries,
Red Onion & Blue Cheese Crumbles*



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Menu 7

*Each menu includes Organic Greens Salad,
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Smoky BBQ Chicken

BBQ Beef Ribs

Macaroni & Cheese

Sautéed Seasonal Greens

Roasted Sweet Potato

Wedge Salad

*Wedge of Iceberg Lettuce, topped with Bacon, Egg,
Red Onion & Diced Tomato*

Cabbage & Apple Slaw



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Menu 8

Soft Taco Bar

Including Assorted Desserts, Iced Tea & Lemonade

Grilled Skirt Steak

Seasoned Ground Turkey

Diced Grilled Chicken Breast

Spanish Rice

Black Beans or Refried Beans

Guacamole, Sour Cream, Salsa(s), Shredded Cheese

Chopped Tomato, Cilantro/Onion/Scallion

**Shredded Romaine & Organic
Mixed Green Lettuce(s)**

**Traditional Condiments/Warm Tortillas &
Tostaditas (mini tostada bowls)**



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Menu 9

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Marinated Charbroiled Tri-Tip

Lemon Garlic Rosemary Grilled Chicken

**Herb Rubbed Tofu with Grilled
Peppers & Onions**

Roasted Yukon Gold Potato Wedges

**Grilled Asparagus OR Grilled
Seasonal Vegetables**

Artichoke Heart Salad

*Artichoke Hearts, Toasted Almonds, Julienne Red Onion & Red
Bell Pepper, Tomato Wedges, Romaine*



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Menu 10

*Each menu includes Organic Greens Salad,
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“Jerk” Chicken

Slow Roasted Pork Shoulder

**Coconut Milk Curry Tofu &
(Seasonal) Vegetables**

Yellow Rice

Plantains (May Substitute Baked Garnet Yams)

Cucumber Salad w/Agave Rice Vinaigrette



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Menu 11

*Each menu includes Organic Greens Salad,
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Chicken alla Diavolo

Spicy Citrus & Garlic Marinade

Herb Roasted Leg of Lamb

Wild Mushroom Ravioli

Roasted Sliced Garlic, Fresh Sage, White Wine, Shaved Parmesan

Roasted Gold, Red & Purple Potatoes

Roasted (Seasonal) Root Vegetables

Kale Salad



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Menu 12

*Each menu includes Organic Greens Salad,
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Ginger Chili Salmon

OPTION: Sweet & Sticky Beef BBQ

Chicken Teriyaki

Vegetable Mu Shu

Jasmine Rice

Green Salad

Edamame, Scallion, Basil, Cucumber w/Tangerine Vinaigrette



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Menu 13

*Each menu includes Organic Greens Salad,
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**Rosemary, Thyme, Lemon & Garlic
Rotisserie Chicken**

**Baked Fish with Roasted Tomato,
Fennel & Green Olive**

**Basmati Rice w/Chickpeas, Shallot & Lemon
w/Fresh Parsley**

Roasted Zucchini with Feta & Dill

**Falafel served w/ Diced Cucumber,
Tomato & Onion Salad**

Hummus

Tabouli



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Breakfast Buffet

Buffet Includes:

Scrambled Eggs

Hashbrowns

Oatmeal or Grits

Veggie Sausage

Turkey Sausage

Applewood Smoked Baked Bacon

Fresh Fruit Platter

Homemade Granola

Assorted Pastries

Coffee Service

(Includes Coffee, Hot Water, Assorted Teas)

OJ

Milk, Almond Milk, Coconut Milk

Omelet

*This option includes our full
breakfast buffet menu as indicate above.*

*However, in place of scrambled eggs, you own ON-SITE CHEF will
create custom omelets made to order from a full compliment of
seasonally available, fresh ingredients.*



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